

National Support Services

Service	Function	Contact
1800 RESPECT	24-hour sexual assault and domestic violence support (DSS funded for Royal Commission work).	1800 737 732 www.1800respect.org.au
ADULTS SURVIVING CHILD ABUSE (ASCA)	ASCA is the peak national body for adults with complex trauma including child sexual abuse. Services for survivors include workshops and counselling through a Professional Support Line which runs 9am-5pm, 7 days. ASCA holds a database of trauma specialists and can provide referrals to trauma-informed counsellors (DSS funded for Royal Commission work).	1300 657 380 www.asca.org.au
AUSTRALIAN CHILDHOOD TRAUMA GROUP	Primary focus is the professional support of workers (including case managers, teachers, residential workers and support staff) and carers (including parents, Foster, Kinship and Permanent Carers) through secondary consultation, training, professional supervision/coaching and debriefing (DSS funded for Royal Commission work).	03 9415 6066 www.theactgroup.com.au/
AUSTRALIAN ASSOCIATION OF SOCIAL WORKERS	Find a social worker	www.aasw.asn.au/
BEYONDBLUE	Mental health support	1300 224 636 www.beyondblue.org.au/
BRAVEHEARTS	Counselling and case management available nationally for survivors (face to face counselling in Qld and NSW only), training and child protection advocacy (DSS funded for Royal Commission work).	1800 272 831 www.bravehearts.org.au/
BROKEN RITES	Victim support group for victims of church-related sexual abuse in Australia.	03 9457 4999 http://brokenrites.alphalink.

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CARE LEAVERS AUSTRALIA NETWORK (CLAN)	Support, counselling and advocacy for care leavers and their families (DSS funded for Royal Commission work).	1800 008 774 www.clan.org.au/
CHILD MIGRANTS' TRUST	Social work services including counselling and support for family reunions (DSS funded for Royal Commission work).	1800 04 05 09 www.childmigrantstrust.com/
CHILD WISE NATIONAL CHILD ABUSE PREVENTION HELPLINE	The Child Wise National Child Abuse Prevention Helpline is a toll free number that provides Australians with access to expert advice from trained counsellors and an opportunity to speak up about child abuse (DSS funded for Royal Commission work).	1800 99 10 99 helpline@childwise.net 03 9645 8911 (outside Australia)
CHILDREN WITH DISABILITY AUSTRALIA	Provides information, referrals, and education to people with disabilities. (DSS funded for Royal Commission work).	1800 222 660 03 9428 1130 http://www.cda.org.au/
FIND AND CONNECT	Forgotten Australians (people who grew up in Australia's orphanages, children's homes and foster care) and former child migrants.	1800 161 109 www.findandconnect.gov.au/
HEADSPACE	Mental health support for young people - (website and drop in centres only).	www.headspace.org.au/
IN GOOD FAITH AND ASSOCIATES	Provide advocacy, justice and healing for survivors of clergy and religious abuse. (DSS funded for Royal Commission work).	03 9326 5991 http://www.igfa.com.au/
KIDS HELPLINE	24-hour support for young people.	1800 55 1800 www.kidshelp.com.au/

Brisbane

Suite 1, Level 16, 141 Queen St,
Brisbane QLD 4000
PO Box 2151, Brisbane QLD 4001
t 07 3218 4500

Sydney

Suite G02, Ground Floor,
233 Castlereagh St, Sydney NSW 2000
PO Box 20319, World Square NSW 2002
t 02 8267 7400

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Level 1, 180 Flinders St,
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t 03 8663 7400

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t 08 9225 0200

knowmore has been established by the National Association of Community Legal Centres Inc. with funding from the Australian Government represented by the Attorney-General's Department.

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LIFELINE	24-hour crisis support and suicide prevention	13 11 14 www.lifeline.org.au/
LIVING WELL	An online resource, including online counselling, for men who have experienced sexual assault.	www.livingwell.org.au
PEOPLE WITH DISABILITY AUSTRALIA	A national telephone line to provide information and referrals to people with disabilities. (DSS funded for Royal Commission work).	1800 422 015 http://www.pwd.org.au/
SEXUAL ASSAULT COUNSELLING AUSTRALIA	Sexual Assault Counselling Australia is a national counselling service for anyone who is involved in or considering participating in the Royal Commission into Institutional Responses to Child Sexual Abuse. The telephone service is available from 8am to 11pm AEDT Monday to Friday.	1800 211 028 http://royalcommissioncounselling.org.au/
THE ROYAL AUSTRALIAN & NEW ZEALAND COLLEGE OF PSYCHIATRISTS	Find a psychiatrist	www.ranzcp.org/Home.aspx
TZEDEK	Information, advocacy and referral service for Jewish survivors of child sexual abuse. (DSS funded for Royal Commission work).	1300 893 335 info@tzedek.org.au www.tzedek.org.au/

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Contact knowmore

knowmore is an independent legal service giving free legal assistance to people who are considering telling their story or providing information to the Royal Commission into Institutional Responses to Child Sexual Abuse.

Free advice line 1800 605 762

www.knowmore.org.au

Email info@knowmore.org.au

www.facebook.com/knowmorecomms@knowmorecomms

See our 'Taking Care of You' resource sheets:

- Common Experiences
- Self-Care
- Telling Your Story & Managing Distress
- For Families, Partners & Friends
- For Workers

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