

## VIC Support Services

Service	Function	Contact
<b>DRUMMOND STREET SERVICES</b>	<p>Counselling support for individuals affected by the Royal Commission. (DSS funded for Royal Commission work).</p> <p>Specialist recovery and wellness service including counselling and support.</p> <p>Information and support about the Royal Commission process</p> <p>Assistance with submissions or help at hearings</p> <p>Debriefing after hearings</p> <p>Support and outreach for families and carers</p> <p>Peer support</p> <p>Ongoing support and referral to other services if required</p>	<p>195 Drummond St, Carlton</p> <p>(offices in Werribee, Carlton and Geelong) 03 9663 6733 <a href="mailto:enquiries@ds.org.au">enquiries@ds.org.au</a> <a href="http://www.ds.org.au/">www.ds.org.au/</a></p>
<b>RECLAIM (AUSPICED BY RELATIONSHIPS AUSTRALIA VIC)</b>	<p>Free support for survivors of child sexual abuse and others who engage in or are affected by the Royal Commission process:</p> <p>Services are provided face-to-face at Centres across Victoria, or via telephone for rural and remote clients (DSS funded for Royal Commission work).</p>	<p>1800 052 674 <a href="http://www.relationshipsvictoria.com.au/services/reclaim-support-services/">http://www.relationshipsvictoria.com.au/services/reclaim-support-services/</a></p>
<b>1800 RESPECT</b>	<p>24-hour sexual assault and domestic violence support (DSS funded for Royal Commission work).</p>	<p>1800 737 732 <a href="http://www.1800respect.org.au">www.1800respect.org.au</a></p>
<b>ADULTS SURVIVING CHILD ABUSE (ASCA)</b>	<p>ASCA is the peak national body for adults with complex trauma including child sexual abuse. Services for survivors include workshops and counselling through a Professional Support Line which runs 9am-5pm, 7 days. ASCA holds a database of trauma specialists and can provide referrals</p>	<p>1300 657 380 <a href="http://www.asca.org.au">www.asca.org.au</a></p>

# Supporting You

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	to trauma-informed counsellors (DSS funded for Royal Commission work).	
<b>BRAVEHEARTS</b>	Counselling for survivors (face to face in Qld only), training and child protection advocacy (DSS funded for Royal Commission work).	1800 272 831 <a href="http://www.bravehearts.org.au/">www.bravehearts.org.au/</a>
<b>CARE LEAVERS AUSTRALIA NETWORK (CLAN)</b>	Support, counselling and advocacy for care leavers and their families (DSS funded for Royal Commission work).	1800 008 774 <a href="http://www.clan.org.au/">www.clan.org.au/</a>
<b>LIVING WELL</b>	An online resource, including online counselling, for men who have experienced sexual assault.	<a href="http://www.livingwell.org.au">www.livingwell.org.au</a>
<b>TZEDEK</b>	Information, advocacy and referral service for Jewish survivors of child sexual abuse. (DSS funded for Royal Commission work).	1300 893 335 <a href="mailto:info@tzedek.org.au">info@tzedek.org.au</a> <a href="http://www.tzedek.org.au/">www.tzedek.org.au/</a>
<b>IN GOOD FAITH AND ASSOCIATES</b>	Provide advocacy, justice and healing for survivors of clergy and religious abuse. (DSS funded for Royal Commission work).	03 9326 5991 <a href="http://www.igfa.com.au/">http://www.igfa.com.au/</a>
<b>PEOPLE WITH DISABILITY AUSTRALIA</b>	A national telephone line to provide information and referrals to people with disabilities. (DSS funded for Royal Commission work).	1800 422 015 <a href="http://www.pwd.org.au/">http://www.pwd.org.au/</a>
<b>CHILDREN WITH DISABILITY AUSTRALIA</b>	Provides information, referrals, and education to people with disabilities. (DSS funded for Royal Commission work).	1800 222 660 03 9428 1130 <a href="http://www.cda.org.au/">http://www.cda.org.au/</a>
<b>VICTORIA SEXUAL ASSAULT CRISIS LINE</b>	After hours telephone crisis counselling support, information, advocacy and referral to anyone living in Victoria who has experienced any form of sexual assault at any point in their lives.	1800 806 292 <a href="http://www.sacl.com.au/">www.sacl.com.au/</a>

## Brisbane

Suite 1, Level 16, 141 Queen St,  
Brisbane QLD 4000  
PO Box 2151, Brisbane QLD 4001  
t 07 3218 4500

## Sydney

Suite G02, Ground Floor,  
233 Castlereagh St, Sydney NSW 2000  
PO Box 20319, World Square NSW 2002  
t 02 8267 7400

## Melbourne

Level 1, 180 Flinders St,  
Melbourne 3000  
PO Box 84, Flinders Lane VIC 8009  
t 03 8663 7400

## Perth

Level 9, 41 St Georges Terrace,  
Perth WA 6000  
PO Box 8095, Cloisters Square, WA 6850  
t 08 9225 0200

**knowmore** has been established by the National Association of Community Legal Centres Inc. with funding from the Australian Government represented by the Attorney-General's Department.

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Victoria

<b>SEXUAL ASSAULT COUNSELLING AUSTRALIA</b>	<p>Sexual Assault Counselling Australia is a national counselling service for anyone who is involved in or considering participating in the Royal Commission into Institutional Responses to Child Sexual Abuse.</p> <p>Sexual Assault Counselling Australia also provides counselling for people who want to address their trauma as a result of hearing about the Royal Commission, and anyone who is supporting someone who is participating in the Royal Commission. (DSS funded for Royal Commission work).</p>	<p>1800 211 028</p> <p><a href="http://royalcommissioncounselling.org.au/">http://royalcommissioncounselling.org.au/</a></p> <p>Telephone service available from 8am to 11pm AEDT Monday to Friday.</p>
<b>VICTIMS OF CRIME HELPLINE</b>	<p>Provides information, advice and referrals to help victims manage the effects of crime.</p>	<p>1800 819 817</p> <p><a href="http://www.victimsofcrime.vic.gov.au/">www.victimsofcrime.vic.gov.au/</a></p>
<b>OPEN PLACE</b>	<p>Support service for Forgotten Australians. Provides personal support, support in accessing specialist services, financial assistance and individual advocacy. Find and Connect service operates from this service also. (DSS funded for Royal Commission work).</p>	<p>1800 779 379</p> <p><a href="http://www.openplace.org.au/Home">www.openplace.org.au/Home</a></p>
<b>LINK UP VICTORIA</b>	<p>Provides counselling, healing and culturally appropriate support for Indigenous Australians. (DSS funded for Royal Commission work).</p>	<p>1800 687 662</p> <p><a href="http://www.linkupvictoria.org.au/">http://www.linkupvictoria.org.au/</a></p>
<b>CASA HOUSE CENTRE AGAINST SEXUAL ASSAULT</b>	<p>Provides 24 hour crisis care, counselling and follow up support and advocacy, public involvement in campaigns and projects, and community and professional education.</p>	<p>1800 806 292</p> <p><a href="http://www.casahouse.com.au/">www.casahouse.com.au/</a></p>

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## Contact knowmore

**knowmore** is an independent legal service giving free legal assistance to people who are considering telling their story or providing information to the Royal Commission into Institutional Responses to Child Sexual Abuse.

Free advice line 1800 605 762

[www.knowmore.org.au](http://www.knowmore.org.au)

Email [info@knowmore.org.au](mailto:info@knowmore.org.au)

[www.facebook.com/knowmorecomms@knowmorecomms](https://www.facebook.com/knowmorecomms@knowmorecomms)

## See our 'Taking Care of You' resource sheets:

- Common Experiences
- Self-Care
- Telling Your Story & Managing Distress
- For Families, Partners & Friends
- For Workers

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